



THE CHILDREN OF DOMESTIC VIOLENCE

There is hardly ever a day in our community in which we don't have an occurrence of domestic violence which results in the police intervening in some way into a family's life. Normally these situations get reported only when they have become so violent that injuries occur, or when it appears to the victims that there are no other alternatives for safety. Sadly far too many situations in which help and services could actually work as an early intervention never get reported. Often, the awareness or suspicions of domestic violence happening, and reporting it, are two very different things. Most people are hesitant to get involved, don't want to act on assumptions, want to respect privacy and rely on the belief that if it's really that bad, the victims themselves will seek help. We are going to focus for a minute on the victims who may not be able to seek help, the children who live with domestic violence in their lives, sometimes every day. Court statistics show that over half of all adult female victims of domestic violence live in households with children under the age of 12. Research within this group of children has shown that in homes where domestic violence is present, 90% of the children realizes what is going on. Remember that kids aren't dumb. They learn from our examples. Over 3.5 million kids last year experienced domestic violence in their lives. Some of them were right here in our cities. Please understand that as a police department we realize that there are also adult male victims of domestic violence. We see an average of 4 to 5 a year and know that this number is greatly underreported due to embarrassment and societal perceptions. Factually the greatest majority of domestic violence cases, and therefore of the statistical evidence is indicative of a male abuser and a female victim. We are not trying to be sexist; we are simply going with the numbers. Some of those facts are: 50% of the adult males who assault their wives or girlfriends; also abuse their children. These national statistics are also borne out locally as the homes we have responded to on domestic violence calls are very often the same homes we later visit with the Division of Child and Family Services. Nationally eight out of ten childhood fatalities within the family are attributed to the child's father or "father substitute". We as a community have been very fortunate as even though we have experienced several very violent and damaging child abuse cases we have not experienced a child abuse homicide in a very longtime. Sexual abuse cases with female victims also occur 6.5 times more often in families where domestic violence is present. Any child's exposure to their father abusing their mother is the strongest risk factor for transmitting violent behavior from one generation to the next and in predicting their violent criminal behavior in the future. The children of abusive families are far more likely to exhibit the behavioral and physical health problems of depression, run-away, anxiety, prostitution, violence, drug and alcohol abuse, suicide attempts, and sexual violence.

The smallest children living in domestic violence homes often don't understand what is happening even though they are very aware of it. They will often blame themselves, thinking that they must have done something wrong. They may become withdrawn, non-verbal, clingy and whiny. Older kids may experience sleep disorders, nightmares, appetite loss, lose interest in favored activities, avoidance of friends and relationships. Teenagers may experience all of these same things as well as delinquent behavior such as drugs, alcohol and tobacco use, academic failure, drop out, and violence. Do you really need to do anything or is this a private issue? What can you do? Remember that these are the kids who are your children's friends and peers. They interact each day with your children and the stresses that they are under and all of the issues they are faced with, affect your child and our community every day. Talk with your children, know their friends and show everyone kindness, compassion and understanding. Delicately approach people whom you believe may be at risk and please report to us known incidents of violence. Just for perspective we had almost 300 primary and secondary victims of domestic violence in Pleasant Grove and Lindon last year. Understanding and confronting Domestic Violence creates a very fine line to tread but we all need to work together to protect those who may not be able to protect themselves.

Captain Cody Cullimore, Pleasant Grove Police Department

SECONDARY WATER SYSTEM

Public Works Director Lynn Walker wanted residents to know that there have been some questions regarding payment by the residents for the secondary water system that is currently being hooked up in different areas of the city. The secondary system is used for watering gardens, etc., and NOT for culinary purposes. He explained that once the green box is installed in resident's yards, they have 30 days to pay the \$100 hook-up fee for the secondary service.

The monthly water bill will start when the water is delivered to the green box.

The home owner will be responsible for hooking up to the line outside the green box. All hook ups must be inspected by the city prior to covering the hook-up. Culinary water and secondary water MUST be physically separated. Cross connections are dangerous. If you have any questions about the installation, please call Public Works at 785-2941. Billing inquiries go to City Hall at 785-5045.

Secondary is billed 12 months a year and the Secondary water rates run: Under ½ acre (8,000 to 21,000 sq. ft.); \$15 a month; ½ to 1 acre (21,000 to 28,000 sq. ft.); \$18 a month; 1 acre; \$20 a month; over 1 acre; \$20 an acre.

PLEASE NOTE: Pleasant Grove City Water Department will be conducting classes on how to properly install secondary water. This class will be for homeowners, contractors, landscapers and others that are interested. For more information, please call the water department at 785-2941.

KIWANIS CLUB

The Kiwanis Club and Lion's Club of Pleasant Grove have joined forces in a unique fund-raising project to benefit the community. They will be contacting local businesses to have their names on a "Monopoly" type board game called "Groveopoly". Instead of Boardwalk or Park Place, businesses can buy spots and have their own names on the board. The games are high quality and professional looking. They will be a "one of a kind" gift to give to friends and family members who have moved away from (or still live in) Pleasant Grove. Everything on the game will have a local flair to it, from the "go to court" square that will be reserved for law firms to bid on, to banks that can bid on having their names printed on the money.

This idea has been a successful fundraiser used in other communities. They have become great collector items. The Lion's Club and Kiwanis Clubs have been active in Pleasant Grove, Lindon and Cedar Hills for years with community projects which have included free eye screening service for children, gathering eye glasses for third-world countries and scholarships. They have also sponsored the yearly Lion's Breakfast and the Kiwanis "Hog Heaven" Cook-Off during Heritage Days, Hope of America Awards, Baby Care Cupboard, Strawberry Days Relay races and the Children's Parade.

The local businesses will have a great way to advertise themselves and also help the community. Individuals can also be sponsors and have their names listed on the game. Anyone interested in this fundraising project can contact one of these representatives. Lynn Seely: 636-1918 or Doug Thompson: 836-9906 for details.

LIBRARY NEWS

***INVESTIGATE the new WEBSITE!!

There are many changes, additions and great new links!

***The HORIZON library software is now operational!
This new system will allow each citizen to renew books,
search the catalog, and manage library accounts
with many other advantages.

***The Pleasant Grove Library Board will host an OPEN HOUSE
on Tuesday MARCH 13, 2007 from 4:00 p.m.-- 8:00 p.m.
at the library (30 East Center Street).

During this time everyone may ask questions and
tips will be provided by the staff and the Library Board.
Light refreshments will be served in the library foyer!

The Pleasant Grove Library is sponsoring a public forum on some
new and interesting ways to start your spring gardening. The forum will
take place on March 29, 2007 from 7:00 to 8:30 PM. We invited three
local gardening enthusiasts to share their knowledge with you on Square
Foot gardening, Organic gardening, and Zerascape gardening. The
forum will be held in the library basement and will include time for your
questions. Please bring your family and friends!

After School Activity Special

Children ages 6 to 12 enjoy this fun-filled activity at 4:30 p.m. on
one Thursday each month. These classes are FREE, but you must sign
up and obtain tickets to allow the library to plan for this event. Tickets
will be available two weeks before the event at the front desk. This
month theme is "A Slice of Italy". What comes from Italy? Have you
ever visited there? Come and learn what and who comes from this country.

March 22, 2007, 4:30 pm • Theme: "A Slice of Italy"

Year Round Library Programs

Everyone Welcome, Sign-ups Not Required! Free!

Spanish/English Story Time every Friday at 10:30 am.

Twilight Tales every Wednesday at 7:00 pm.

Young Adult Book Group Thursday at 7:00 pm.

R.E.A.D Book Group for Adults will meet March 8, 2007 at 10:00 am.

Jane's Favorites. Jane Robinson will share one of her favorite books
with the group.

Spring Programs

Program flyers may be found at the front desk or you may check
on the website.

Story/Activity Time "Magic in the Backyard"

Classes will start March 6th & 7th, and end April 10 and 11th 2007.
We will be exploring the backyard for insects, bugs, and other small
creatures. Story Time is for children three to six years old. There will be
six weeks of stories, songs, finger plays, and crafts.

Classes will be held Tuesday or Wednesday at 10:00, 11:00, or
1:00. Registration fee is \$5.00 with a current library card. Story time
runs approximately 40 minutes.

Weekly Themes are: Bugs & Spiders; Frogs & Toads; Snakes & Worms;
Owls & Bats; Mice; Bees & Butterflies

Wee Read

This class is for little ones-eighteen months to three years. Each
child must have an adult lap to accompany them. Registration is a must
because of limited space. This is a FREE program. Class is held on
Thursday at 10:00, 11:00 and 12:00. Classes begin March 8th. The last
class is April 12th.

Music & Movement

Music & Movement class features rhythm, chanting, singing and
movement. This popular class fills quickly so sign up soon. This class is
designed for children 3 -6 years old. Three year olds need to be potty
trained and be 3 years old by September 1, 2006 to enroll. Class size
will be limited to 12 students. This class is approximately 35 minutes,
and the session is 6 weeks.

The class is \$5.00, with a current library card. Class is held on
Mondays at 10:00, 11:00, 1:00 and 2:00.

Registration started February 20th.

Class starts March 5, 2007 with classes ending the week April 9,
2007.

Sorry no phone registrations for Music & Movements

GREETINGS FROM YOUR FIRE DEPT.

As I have been evaluating the statistics from the past year, I found a
very interesting trend. That trend is an upturn in the volume of calls for
service. It was a significant increase, and although not too surprising to me,
it was concerning.

Here are some of the numbers:

Last year, your fire department responded to 1448 emergency medical
and/or fire related calls for service. That is up from 1161 the year before.
During January 2007, the fire department responded to over 100 calls for
service. Some days, our "call" volume may be as low as 2-3 calls, but other
days we may handle as many as 8-10 calls for emergency service.

I have been watching this upward trend closely. As I and my staff have
studied these numbers, we believe that the increased "call" volume is not a
transient trend, but a statistic that will sustain a somewhat predictable
upward slop as we prognosticate future service demands. This, of course,
means several things to me as your fire chief. But this does not just affect
me and my personnel, it also affects you. Let me explain one way in which
it affects you.

With emergency personnel responding to more calls for service, the
incidence of responding emergency vehicles increases too. This concerns
me, because your safety and the safety of emergency personnel is para-
mount. And, having an emergency vehicle responding to a call with the
lights and siren activated can be more than what some might feel is an
inconvenience, it can be dangerous. The members of the fire department
are trained and vigilant when it comes to safe CODE 3 driving, but it is still
a hazardous event.

To increase the safety margin for you and for the fire department per-
sonnel, I would like to remind you of the proper actions to take when
approached by an emergency vehicle when the lights and siren are active.
This includes Fire, Ambulance, Police, and other Emergency Vehicles.

When approached from behind, please move to the RIGHT side of
the road and STOP. Emergency vehicles are required to remain in the
LEFT lane, even when making right and left hand turns. On a divided road-
way, only the traffic on the same side as the emergency vehicle must yield
to the RIGHT. On a non-divided roadway, all vehicles must move to the
RIGHT. If you are at a traffic control device like a green or red light, you
should yield the intersection as safely and expeditiously as possible. In all
cases, your safety must be considered first. If yielding to an emergency
vehicle, in any way places you in harm's way, then you should delay your
actions until it can be done safely.

It is easy to remember - when approached by an emergency vehicle
with the emergency lights and siren activated - Do the Right Thing - Move
to the RIGHT and STOP.

Chief Marc Sanderson, Pleasant Grove Fire Department

Diabetes Health Fair

When: March 16, 2007 • 9am to 12pm
Where: Utah County Health Department
Utah County Health and Justice Building
151 South University Avenue, Provo
Phone: (801) 851-2222

PG ORCHESTRA

The Pleasant Grove Orchestra "Young Artists" concert will be
held on Friday, April 27 in the Pleasant Grove High School auditori-
um at 7 PM. This concert will feature talented youth soloists accom-
panied by the orchestra. The orchestra will continue under the direc-
tion of Kayson Brown, and admission will be free to the public. The
orchestra is still in need of string, percussion, low brass, oboe and bas-
soon players. Interested musicians are invited to attend rehearsals on
Saturday mornings at 8 AM in the lower level of the P.G. Library. For
more information, please call Sharon at 785-0479.

PL. GROVE CITY BEAUTIFICATION/ SHADE TREE COMMISSION NEWS

During these cold days of winter is the time to begin thinking about gardening. Look through your catalogs and get ideas of new vegetables, plants and trees to add to your yard. Plan now to join the citizens in Pleasant Grove to celebrate Arbor Day on Saturday morning, April 28, 2007, by planting some trees in our parks and in your yard.

Residents need to also know that the hills east of the city are becoming infested with a noxious weed called the Yellow Star Thistle that we need to eliminate. More information will be coming as to how we can work together to accomplish this.

Pleasant Grove's Beautification and Shade Tree Commission has two positions vacant for the commission. If you are interested contact Deana Spence 785-1297.

Additionally, we would like you to know that Utah Valley has a monthly garden club that you might be interested in joining. It's called the Utah Valley Garden Club. You can find out information regarding the club at UVGC.com. There are interesting speakers during the winter months and tours of gardens in the valley during the summer. It is attended by interested lay gardeners like yourself. Keep in mind that the Celebration of Health Foundation's Annual Hidden Garden Benefit Tour will be Friday June 1st and Saturday the 2nd this year with the club. They will be touring gardens in North Utah County with a few gardens in Pleasant Grove. Plan ahead to attend.

CERT TRAINING

The CERT training schedule for 2007 has changed somewhat to accommodate more refresher training for our CERT Team Leaders and current CERT members. Because of the new structure of the fire department it has allowed us to utilize several members of the fire department who are CERT Trainers when they are scheduled on their 24-hour shift. The dates listed below are the dates these trainers will be available for refresher training. Please take advantage of these dates.

The possibility of different topics being taught each night will further your skills and knowledge and make you a more effective CERT team leader.

Look for the April newsletter for upcoming CERT training dates.

Mar 6, 6:00 – 10:00 pm, "CERT Review" for Team Leaders

Mar 10, 9:00 – 1:00 pm, "Disaster Exercise" for Team Leaders

Mar 14, 6:00 -10:00 pm, "CERT Review" for Team Leaders

Mar 30, 6:00 – 10:00 pm "Disaster Exercise" for Team Leaders

Contact the following to register for the refresher courses listed above: Sherri Atwood 785-3506.

**Community Development Supervisor Ken Young
announced today that a meeting will be held for residents
on Wednesday, April 11, 2007 at 7 p.m. regarding
Pleasant Grove City's General Plan.**

More information will follow in the April City Newsletter . . .

HEAT PROGRAM NOW OPEN

Community Action Services is now accepting applications for the HEAT program, a program which assists low income households in making utility payments through the winter season. A one-time payment per year will be submitted directly to heating companies for individuals who qualify. Disbursements are determined based on need. All Utah County residents interested in applying must call 373-8200 from now until the end of April for an appointment.

Low-income households and those with disabilities are especially encouraged to apply. Applicants must meet income guidelines and provide all required documentation.

Homebound individuals may request an Outreach worker to come to their home to assist in the application process. First-time applicants in Utah County must complete an energy education class as part of the Process (energy class is waived for disabled or elderly applicants). Please go to www.CommunityActionProvo.org for more information or call 373-8200.

JACOB'S SENIOR CENTER

Are you cooking for one or two—and finding it boring and not worth the effort? If you are over 60, come and join us at the Jacob's Senior Center five days a week (not on holidays) for lunch, conversation and fellowship.

We have card games, computers, pool, quilting and exercise equipment to use as you choose. Just make reservations one day ahead of your planned visit by calling 785-2818. If you lack transportation, we can also help with that. Monthly menus are available and you can order salads if you have dietary restrictions. Come join us for a relaxed enjoyable dining experience. People over 60 are asked to make a \$2 contribution.

Free Car and Booster Seat Checks

When: March 20th

2 to 5pm

Where: Babies-R-Us parking lot

106 E University Prkwy, Orem

Phone: (801) 851-7035

PLEASANT GROVE PLAYERS TO PRESENT "THE ODD COUPLE"

The Pleasant Grove Players will present performances of the Tony award-winning comedy classic, "The Odd Couple," by Neil Simon from March 9 through 26 on Friday, Saturday and Monday evenings (as well as Saturday matinees on March 17&24) in the Keith Christeson Little Theater. The theater is on the first floor of the PG City Library, 30 E. Center St. The evening show will begin at 7:30 p.m. The Saturday matinees will begin at 3:00 p.m.

"The Odd Couple" tells the story of Felix Ungar, a neurotic, neat-freak news writer, who is thrown out by his wife and moves in with Oscar Madison, a slovenly sportswriter. Their contradictory personalities and quirky characteristics result in one hilarious incident after another.

"The Odd Couple" will be performed as a tribute to and in memory of Keith Christeson, the founder of the PG Players, who passed away in April, 2002. "The Odd Couple" was one of Keith's favorite shows. He played the role of Oscar Madison in multiple productions. Dennis Purdie will perform the part of Felix Ungar; a role he also played opposite Keith on multiple occasions. De Shawn Smith will play Oscar Madison. Other members of the cast include Jason Draper, Verdon Walker, Michael Towers, Dr. Carl Bell, Luone Ingram and Debra Flink.

Rosanna Ungerman will be directing this production. Verlana Jackman is her production assistant.

Tickets are \$7 for adults and \$6 for students and seniors. A family ticket is also available for \$25 (immediate family members only). Individual tickets are \$1 less for matinees. Family tickets are \$20 for matinees. For the first time, we will be offering reserved seating and advance ticket sales through City Hall. Advance tickets can be purchased in person at the city offices (70 S 100 E, Pleasant Grove) or by calling (801) 785-5045. Tickets can be pre-purchased until 5 p.m., Thursday before each weekend of the show. Remaining tickets will be available for purchase at the door.

For more information, contact Verdon Walker at 785-0222.

Resident's Coupon

"The Odd Couple"

In appreciation of PG City's Support of PG Players
Bring in this Coupon and receive

\$2 OFF PER TICKET

March 9 - 26 (Fri, Sat. & Mon. Evenings) • 7:30 PM

March 17 & 24 (Sat. Afternoons) • 3:00 PM

Keith Christeson Little Theater • PG City Library, 30 E. Center

RECREATION NEWS

BOYS YOUTH BASEBALL LEAGUES - Registration: March 1 -19. A draft will be held for all new players in the Mustang thru Pony leagues, all returning players playing in same division will remain on same team. Colt participants will all be drafted on to a new team. Registration fees include full uniform (jersey, pants, socks and team cap). After March 19 a late registration fee of \$5.00 will be added and registration will only be accepted on a space available basis. NOTE * Utah Boys Baseball Association (UBBA) does not allow participants to play in higher divisions (i.e., Current 2nd graders cannot play in the 3rd/4th grade league and no participants playing up a grade) Participants must be in current grade specified to play in each division.

Mustang - 3rd & 4th Grade - Pleasant Grove/Lindon Resident: \$65.00 - Non-Resident: \$97.50 Practice Beings: Week of April 2 - Season: April 30 - July
Pinto - 5th & 6th Grade - Pleasant Grove/Lindon Resident: \$65.00 - Non-Resident: \$97.50 Practice Beings: Week of April 2 - Season: April 30 - July
Pony - 7th & 8th Grade - Pleasant Grove/Lindon Resident: \$85.00 - Non-Resident: \$127.50 Practice Beings: Week of April 2 - Season: May 2 - July
Colt - 9th thru 12th Grade - Pleasant Grove/Lindon Resident: \$85.00 - Non-Resident: \$127.50 Practice Beings: Week of April 16 - Season: End of May - Mid July

GIRLS SOFTBALL LEAGUES - Registration: March 1 - 26. After March 26 a late registration fee of \$5.00 will be added and registration will only be accepted on a space available basis.

DIVISION Pleasant Grove/Lindon
Resident Fee: Non-Resident Fee: PRACTICE BEGINS SEASON:
10 & Under - Pleasant Grove/Lindon Resident: \$27.00 (includes T-shirt) - Non-Resident: \$40.50 (includes T-shirt) - Practice Begins: Mid April - Season: May 15 - Mid June
12 & Under - Pleasant Grove/Lindon Resident: \$45.00 (includes T-shirt, shorts and socks) - Non-Resident: \$67.50 (includes T-shirt, shorts and socks) - Practice Begins: Mid April - Season: May 8 - End of June
14 & Under - Pleasant Grove/Lindon Resident: \$45.00 (includes T-shirt, shorts and socks) - Non-Resident: \$67.50 (includes T-shirt, shorts and socks) - Practice Begins: Mid April - Season: May 7 - End of June
17 & Under - 12 & Under - Pleasant Grove/Lindon Resident: \$45.00 (includes T-shirt, shorts and socks) - Non-Resident: \$67.50 (includes T-shirt, shorts and socks) - Practice Begins: Mid April - Season: May 7 - Mid June

**Don't forget online registration is available. Go to: www.pgrec.org*

MEN'S SLOW PITCH - (16 YRS & OLDER)

Currently taking registration for Men's softball league and will go until all slots are filled. Registration will only be accepted at the Pleasant Grove Recreation department on a first come first serve basis. Remember if you had a team last year, it does not guarantee you a spot for this season. Fees are required at time of registration.

League Fee: \$550 • Number of Teams: 16 teams
(8 Lower Division Teams and 8 Upper Divisions)

League Structure: Preseason games will determine which division each team will play in. Lower Division will play on Tuesday nights with each team playing 2 games per night. Upper division will play on Thursday nights with each team playing 2 games per night. The season will end with a double elimination tournament in each division.

Game Days: Tuesday/Thursday at Shannon Fields
Season Begins: Games will begin Tuesday, April 24th
Mandatory Coaches Meeting: April 3rd @ 6:00pm
in the Leisure Services building (41 East 200 South).
Game Times: 6:00, 7:00, 8:00 & 9:00

AEROBICS CLASS - Here's a great way to tone and exercise your body, come join us for a fun workout. Everyone welcome, class is for all fitness levels. Steps and risers are provided. Classes are held on M/W/F. Currently class starts at 9:30am. Fee: \$1.50 per class or \$15.00 for a monthly pass which includes use of the weight room.

Coming in April:

- April 2 - 25 - Registration begins for T-Ball, Coach Pitch, Machine Pitch and Track Club
- April 2 - Until filled - Registrations for the following programs - Women's & Youth Tennis, Golf Program, Soccer Camp, Volleyball Camp, Basketball Camp, Itty Bitty Ball June Session.

Toddler Class - (Ages 2-4yrs) has a few spots open in the following classes: Monday at 12:30 and Tuesday at 9:00 a.m. Classes are one hour. This is a fun

class for moms and tots. An adult must attend class with child. Some projects include: toddler cooking, craft projects, games, songs, parties and field trips.

Class Dates: January to May

Resident Monthly Class Tuition: \$25

(plus a one time supply fee of \$15 due at time of reg.)

Non-Resident Monthly Class Tuition: \$37.50

(plus a one time supply fee of \$22.50 due at time of reg.)

Toddler Gym- (Ages 2-4yrs) is a six week class where activities are based on theme play and exercise activities for each class. An adult must attend classes with child.

Session: March 22 thru May 3rd.

Class Day & Time: Thursdays at 10:30 to 11:30 a.m.

Resident Fee: \$18

Non Resident Fee: \$27

*Note-Summer Toddler gym session starts on June 7th.

EASTER COOKING & EGG HUNT - Ages 5 & up - Hop on over to the Recreation Department and register for the Easter Cooking and Egg Hunt Class. We will be making Bunny Cake, Easter Salad, Egg Decorating (participants need to bring one dozen hard boiled eggs to class) To top the class off we will have an Easter egg hunt and egg races. Class will be held on Saturday, April 7th. From 10:00 a.m. to 12:00 noon. Resident fee: \$15 / Non resident fee: \$22.50

KIDS CHEF CLASS 4 - (Ages 7 & Up) Come join the fun and learn how to cook a meal from start to finish. Starts Tuesday, March 6 - March 27 from 4:00 to 5:30 p.m. Resident fee: \$45 for all 4 classes or \$12 per class and non resident fee: \$62.50 for all 4 classes or \$18 per class. Register by Feb 26 and get \$5 off of registration fee. For detailed class description you can pick up flyer at the Recreation Department.

We are currently taking Registration for the following enrichment classes: Summer Cooking, Park- it, Wilderness Camp, Chess Club, Toddler Cooking & Toddler Gym. Don't forget to register early to hold your spot. For more detail descriptions of classes please stop by the recreation department and pick up flyer on program.

SCOUTING FOR FOOD DRIVE

Saturday, March 24, 2007 is the annual Scouting for Food Drive! Boy Scouts will deliver plastic bags to homes the week before the food drive. Please fill the bags with donations (non-perishable food and hygiene items) for Community Action Services and The Food Bank. Leave the bags on your porch Saturday morning for the Boy Scouts to pick up.

This year is The Community Action Services and Food Bank's 40th anniversary. The food bank is a partner of Utah National Parks Council for the "Scouting for Food Drive." It is also the official food bank for Utah County, Summit County and Wasatch County. Community Action's Provo Food Pantry serves approximately 1,100 local families each month. It takes approximately 65 canned food or dry good items to feed a family of four for one week.

Thanks for your continued support in the Scouting for Food Drive. If you have any questions about donations, call Community Action's food bank director, Jim Thomas, at 373-8200 ext. 216.

FREE TAX HELP

If your income is below \$38,000 per year, you may be eligible to have your taxes done for free.

You may also qualify for an Earned Income Tax Credit of up to \$4,500.

Just dial 211 (in any county in Utah) to find out if you qualify. You can also goto utahtaxhelp.org. In Spanish; Averigua si es que calificas llamando al 211.

This service is sponsored by United Way of Utah.

PGBA

The Pleasant Grove Business Alliance will present Mr. Larry Friis on March 9, 2007 at 7:45 a.m. in The Sportsman/Lion's Club at 600 East Center Street in Pleasant Grove. He will speak on "Financing your Business."